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a Lesson in the University of The New Covenant
Theodore Cottingham, December 5, 2003
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1. Healing is coming to My body—it's coming through My body—to My body—and many are not ready for the effects of healing coming through the common man to My body. Some will resist Me and restrict Me—as has always been—and some will let Me flow wildly—enjoying My freedom in using the freedomized to flow through.

2. The givers—the rivers—will river give Me—allowing Me to flow unashamedly. The constricting controllers will resent their supposed power diminished, diluted, preempted.

3. All is well. I am in control. I seek and I find and I act and I give and healing is coming to the common people whose God is the Lord—Me Ted—Me, Me young sir, young woman, old and older, young and younger. Get ready, watch Me, embrace Me in fullness and big adventure experience—fully, fully—in fullness.

4. Sit on sidelines no more—arise—heal—begin today—confidence increase, hesitancy decrease, expectations arise, demonstration of My presence see, feel, experience, and become Me to My body—more—fully, more, there, visibly, tangibly, loving My creation—My men, women, boys, and girls, young and old, rich and poor, and let Me flow, flow in rivers of living water, healing, reinvigorating the health-less, the dimmed, the distorted, and distracted from Me.

5. Heal all—I command, I request, I exhort, I allow and open to in joyous hope. Take advantage of what I am now doing—so freely, so fully, so fanatically—so as-a-part-of-Me. Let Me be Me. Extend your hand, your faith, your openness to Me and see what I do, see what I reveal, see yourself mature.

More, more, more time with Me—too little spent.
Too little Ted.
More—change, come, unhurriedly.
Patient, enjoy.

Restore, heal—transcend—focus.
Enjoy, revel—reveal Me to Mine.
I love you—come more, come now, come fully.
Reticent, hesitant not.
Fullness, fullness, fullness experience.

6. I thank you—I wait.
I thank you—more.
I thank you—trust Me.
I thank you—test Me.
I thank you—obey Me.

Provision made. Balance is Me.
I am.